

# **FORTE Summer School Report**

Milan, 2<sup>nd</sup> July – 6<sup>th</sup> July 2018

Date: October, 2018

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### **1. BACKGROUND**

As mobility of healthcare professionals increases among European countries, standardization of the quality of training becomes more important. Activities such as the European Educational Platform and the European Orthopaedic and Trauma Board (EBOT) Exam are essential to guarantee the standards of Education. Although not yet mandatory, EBOT exam applicants are increasing every year, as trainees feel the need to accomplish an "European Certificate of high-quality education". Educational standards and learning opportunities are our most important objectives. European Summer/Winter Schools are already established in other medical specialties. We feel that the FORTE Summer School and the upcoming FORTE book series may provide a significant help to prepare for the EBOT Exam or the National Board Exam, to provide a mid-term review or make a general review to the starting resident in Orthopaedics and Trauma.

The current report sums all the contents, social activities and feedback related to the FORTE Summer School 2018. We also provide future directions and recommendations to guide future editions.

### **2. PURPOSE**

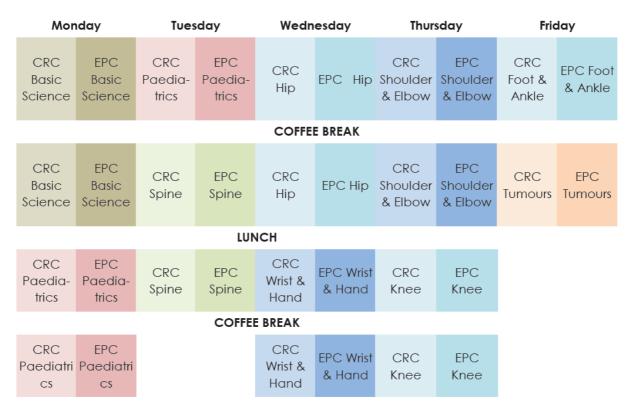
FORTE Summer School intends to be an accessible educational opportunity for all European trainees, during any stage of their progression through residency.

One **main goal** is to **aid the preparation for the EBOT exam.** The Exam Preparation Course (EPC) is tailored to this purpose and was destined to trainees in the last years of residency. The **other goal** is to provide an **opportunity to make general review**, in the Comprehensive Review Course (CRC). This course covers all the basics and is open to all trainees.

The schedule is thought to enable time for study and most importantly, an environment and setting that enables informal exchange of clinical and training experiences, case discussions and strong network between participants and faculty.

## **3. THE EVENT**

### **3.1 GENERAL OVERVIEW**



EPC - Exam Preparation Course (Case Based Discussion)

CRC - Comprehensive Review Course (Comprehensive Lecture)

#### **3.1.1 COURSES CONTENT**

From Monday to Friday, both courses ran independently and in parallel, with a 4 hour block in the morning (9 am - 13 pm) and 2 ½ hours in the afternoon (14 - 16.30 pm).

The **Exam Preparation Course** (advanced) review modules provided learning with emphasis in case discussions and MCQ group responses. Discussion and interaction are a cornerstone of this course. Basic knowledge is assumed to be acquired at this stage, thus discussion is focused in advanced topics.

The **Comprehensive Review Course** (basic) provided topic reviews through expert lectures, covering the basics.

All the major modules where taught: **Basic Science** occupied the first morning, **Spine** was held in Monday afternoon and the following morning, **Upper** and **Lower Limb** occupied one and a half days each, and **Children & Tumors** the last day. Detail topics, faculty and timing can be accessed in Appendix I – Final Programme.

### **3.2 DETAILED PROGRAMME**

#### Day 1, Morning July 2nd, Basic Science

COMPREHENSIVE REVIEW COURSE   F	ROOM 1	EXAM PREPARATION COURSE   ROOM 2		
9:15-10:45 Basic Science I		9:15-10:45 Basic Science I		
Welcome Gree	tings fron	n the Authorities (ROOM 1)		
Imaging and Special Studies Giuseppe Peretti ITJ	09:30	Basics of Bone Tissue, Ligament & 09:30 Tendon Michael Whitehouse (UK)		
Biomaterials and Biomechanics Giuseppe Peretti IT)	09:45	Articular Tissue and Osteoarthritis 09:45 Marko Ostojic (BIH)		
Trauma I (Basic Principles) Marko Ostojic (BIH)	10:00	Basics of Nerve and Muscle 10:00 Michael Whitehouse (UK)		
Interpreting and Implementing Evidence Michael Whitehouse (UK)	10:15	Cellular and Molecular Biology and 10:15 Genetics Giuseppe Peretti IT)		
Trauma II (Advanced Principles) Marko Ostojic (BIH)	10:30	Orthopaedic Infections and 10:30 Microbiology		
Basics of Bone Tissue, Ligament & Tendon Michael Whitehouse (UK)	10:45	Enrique Gomez Barrena (ES) Perioperative Problems 10:45 Enrique Gomez Barrena (ES)		
	OFFEE BRE	AK (11-11:15)		
11:15-12:15 Basic Science II		11:15-12:15 Basic Science II		
Articular Tissue and Osteoarthritis	11:15	Imaging and Special Studies 11:15		
Marko Ostojic (BIH) Basics of Nerve and Muscle	11:30	Giuseppe Peretti IT) Biomaterials and Biomechanics 11:30		
Michael Whitehouse (UK) Cellular and Molecular Biology and	11:45	Giuseppe Peretti IT) 11:45		
		Trauma I (Basic Principles)		
Giuseppe Peretti IT) Orthopaedic Infections and Microbiology	12:00	Marko Ostojic (BIH) Interpreting and Implementing Evidence		
Enrique Gomez Barrena (ES)		Michael Whitehouse (UK)		
Perioperative Problems	12:15	Trauma II (Advanced Principles) 12:15		
Enrique Gomez Barrena (ES)		Marko Ostojic (BIH)		

LUNCH AND EXHIBITION (12:30-13:30)

### Day 1, Afternoon July 2nd, Paediatrics

Isido 14:45 Paediatrics IIsido 14:45 Paediatrics IIsido 14:45 Paediatrics IIsido 14:45 Paediatrics IIsido 14:45 Paediatrics IDavid Farrington (ES)Proximal & Humerus Shaft FracturesIsido and Treatment Principles in ChildrenDavid Farrington (ES)Proximal & Humerus Shaft FracturesIsido and Forearm FracturesIsido and Forearm FracturesIsido and Forearm FracturesIsido and Forearm FracturesIsido and FracturesIsido and FracturesIsido and FracturesIsido and Ankle FracturesIsido Isido and FracturesIsido Isido and FracturesIsido Isido and Ankle Fractures <t< th=""><th>COMPREHENSIVE REVIEW COURSE   RC</th><th>DOM 1</th><th></th><th>EXAM PREPARATION COURSE   ROC</th><th>M 2</th></t<>	COMPREHENSIVE REVIEW COURSE   RC	DOM 1		EXAM PREPARATION COURSE   ROC	M 2
Bone Biology, Fracture Classification and Treatment Principles in Children David Farrington (ES)13:30Tibia and Ankle Fractures Federico Canavese (FR)13:30Proximal & Humerus Shaft Fractures Federico Canavese (FR)13:45Pelvis Femur and Knee Fractures Manuel Cassiano Neves (PT)13:45Bone Biology, Fracture Classification Federico Canavese (FR)13:45Pelvis Femur and Knee Fractures Proximal & Humerus Shaft Fractures Federico Canavese (FR)13:40David Farrington (ES)Proximal & Humerus Shaft Fractures Federico Canavese (FR)14:00Wrist and Hand Fractures Antonio Andreacchio (IT)14:15David Farrington (ES)Pelvis, Femur and Knee Fractures Manuel Cassiano Neves (PT)14:30Manuel Cassiano Neves (PT)Antonio Andreacchio (IT)COFFEE BREAK (14:45-15:0015:00-16:15 Paediatrics IITibia and Ankle Fractures Federico Canavese (FR)15:0015:00-16:15 Paediatrics IITibia and Ankle Fractures Federico Canavese (FR)15:0015:00-16:15 Paediatrics IITibia and Ankle Fractures Federico Canavese (FR)15:10David Farrington (ES)15:15Clubfoot and Pes Planovages Manuel Cassiano Neves (PT)Antonio Andreacchio (IT)Spine, Hip and Foot in Neuromuscular Conditions Federico Canavese (FR)David Farrington (ES)Spine, Hip and Foot in Neuromuscular Conditions Federico Canavese (FR)David Farrington (ES)Spine, Hip and Foot in Neuromuscular Conditions Fractico Canavese (FR)David Farrington (ES)Common Up					
Federico Canavese (FR)Manuel Cassiano Neves (PT)Elbow and Forearm Fractures14:00David Farrington (ES)Federico Canavese (FR)Wrist and Hand Fractures14:15Antonio Andreacchio (IT)David Farrington (ES)Pelvis, Femur and Knee Fractures14:30Manuel Cassiano Neves (PT)Antonio Andreacchio (IT)Pelvis, Femur and Knee Fractures14:30Manuel Cassiano Neves (PT)Antonio Andreacchio (IT)COFFEE BREAK (14:45-15:00)Totol 15:00-16:15 Paediatrics IITibia and Ankle Fractures15:00Federico Canavese (FR)Bone Biology, Fracture Classification and Treatment Principles in ChildrenPavid Farrington (ES)Clubtoot and Pes Planovages Nanuel Cassiano Neves (PT)History and Exam in Paediatric Orthopaedics15:15Antonio Andreacchio (IT)David Farrington (ES)Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital Malformations15:45David Farrington (ES)Spine, Hip and Foot in Neuromuscular Conditions Federico Canavese (FR)David Farrington (ES)Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital MalformationsDavid Farrington (ES)Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital MalformationsDavid Farrington (ES)Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital MalformationsDavid Farrington (ES)Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other	Bone Biology, Fracture Classification and Treatment Principles in Children	13:30		Tibia and Ankle Fractures	13:30
David Farrington (ES)Federico Canavese (FR)Wrist and Hand Fractures14:15Antonio Andreacchio (IT)David Farrington (ES)Pelvis, Femur and Knee Fractures14:30Manuel Cassiano Neves (PT)Antonio Andreacchio (IT)COFFEE BREAK (14:45-15:00)15:00-16:15 Paediatrics IITibla and Ankle Fractures15:00Score fig.History and Exam in Paediatric15:15Orthopaedics15:30History and Exam in Paediatric15:15Orthopaedics15:30Brachial Plexus Palsy, Syndactily and other Congenital Malformations15:30David Farrington (ES)Spine, Hip and Foot in Neuromuscular Conditions Federico Canavese (FR)David Farrington (ES)15:30Screening, Diagnosis and Treatment 		13:45			13:45
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Manuel Cassiano Neves (PT)Antonio Andreacchio (IT)COFFEE BREAK (14:45-15:00)15:00-16:15 Paediatrics II15:00-16:15 Paediatrics IITibia and Ankle Fractures Federico Canavese (FR)15:00History and Exam in Paediatric Orthopaedics15:15Orthopaedics Brachial Plexus Palsy, Syndactily and other Congenital Malformations15:30David Farrington (ES) Screening, Diagnosis and Treatment Principles I DDH Manuel Cassiano Neves (PT)Spine, Hip and Foot in Neuromuscular Conditions Federico Canavese (FR)Diagnosis and Treatment Principles I Diagnosis and Treatment Principles I SCRE and Legg-Perthes-Calvé16:00		14:15			14:15
15:00-16:15 Paediatrics II15:00Tibia and Ankle Fractures Federico Canavese (FR)15:00History and Exam in Paediatric Orthopaedics15:15Orthopaedics15:15Antonio Andreacchio (IT) Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital Malformations15:30David Farrington (ES) Screening, Diagnosis and Treatment Principles of SCFE and Legg-Perthes-Calvé15:45Diagnosis and Treatment Principles Diagnosis and Treatment Principles of SCFE and Legg-Perthes-Calvé16:00	,	14:30			14:30
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Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital Malformations15:30Spine, Hip and Foot in Neuromuscular Conditions Federico Canavese (FR)15:30David Farrington (ES) Screening, Diagnosis and Treatment Manuel Cassiano Neves (PT)15:45Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital Malformations15:45Diagnosis and Treatment Principles of SCFE and Legg-Perthes-Calvé16:0016:00	Orthopaedics	15:15		Clubfoot and Pes Planovages	15:15
Screening, Diagnosis and Treatment15:45Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital Malformations David Farrington (ES)15:45Diagnosis and Treatment Principles16:0016:00of SCFE and Legg-Perthes-CalvéScreening, Diagnosis and Treatment16:00	Common Upper Extremity Disorders: Brachial Plexus Palsy, Syndactily and other Congenital Malformations	15:30		Neuromuscular Conditions	15:30
Diagnosis and Treatment Principles16:0016:00of SCFE and Legg-Perthes-CalvéScreening, Diagnosis and Treatment	Screening, Diagnosis and Treatment Principles of DDH	15:45		Brachial Plexus Palsy, Syndactily and other Congenital Malformations	15:45
	of SCFE and Legg-Perthes-Calvé	16:00		Screening, Diagnosis and Treatment	16:00
Antonio Andreacchio (IT) Manuel Cassiano Neves (PT) EVENING ACTIVITIES / STUDY TIME					

EVENING ACTIVITIES / STUDY TIME

### Day 2, Morning July 3rd, Paediatrics & Spine

COMPREHENSIVE REVIEW COURSE   R	00M 1	EXAM PREPARATION COURSE   ROOM 2
9:00-10:00 Paediatrics III	09:00	9:00-10:00 Paediatrics III History and Exam in Paediatric 09:00
Common Knee Disorders: Genu	09.00	Orthopaedics
Varum/Valgum, Osteochondrosis, Patellar Instability and Dislocation		Antonio Andreacchio (IT)
David Farrington (ES)		
Clubfoot and Pes Planovagus	09:15	Common Knee Disorders: Genu 09:15
Manuel Cassiano Neves (PT)		Varum/Valgum, Osteochondrosis,
		Patellar Instability and Dislocation
		David Farrington (ES)
Spine, Hip and Foot in		
Neuromuscular Conditions	09:30	LLD and Deformity Correction 09:30
Federico Canavese (FR)		Manuel Cassiano Neves (PT)
LLD and Deformity Correction	09:45	Diagnosis and Treatment Principles 09:45
Manuel Cassiano Neves (PT)		of SCFE and Legg-Perthes-Calvé Disease
COF	FFF BREA	Antonio Andreacchio (IT) K (10:00-10:15)
10:15-12:35 Spine I Imaging in Pediatric Deformities	10:15	10:15-12:35 Spine I Careful Examination of the Spine 10:15
(Case Based Discussion)	10.15	(Practical Skills)
Alberto Zerbi (IT)		Serdar Kahraman (TR)
Adolescent Idiopatic Scoliosis	10:40	10:35
(Didactic Lecture)		Radicular pain (Didactic Lecture) Serdar Kahraman (TR)
Alessio Lovi (IT)		
Spondylolisthesis and	11:00	Thoracolumbar Trauma (Case 10.55
Osteochondrosis of the Spine (Case Based Discussion)		Based Discussion)
Alessio Lovi (IT)		Mirza Biscevic (BIH)
Acute cord injury and chronic	11:20	11:15
compression; epidemiology and		Unstable cervical spine injury with
avoiding complications (Didactic		neurology (Case Based Discussion)
Lecture)		Condex Kabraman (TD)
Mirza Biscevic (BIH)	11:40	Serdar Kahraman (TR) Differential Diagnosis of Neoplastic 11:35
Spinal deformity in adults (Case	11.40	Differential Diagnosis of Neoplastic, 11:35 Infectious and Degenerative Spine
based discussion)		Disorders (Case Based Discussion)
Alessio Lovi (IT)		Alberto Zerbi (IT)
Operative complications (Case	12:05	Neoplastic and Infectious cord 11:55
Based Discussion)		compression (Case based
Alessio Lovi (IT)		Discussion) Mirza Biscevic (BIH)
		Cervical Myelopathy (Didactic 12:15
		Lecture)
		Serdar Kahraman (TR)
LUNCH A		NTION (12:35 13:50)

LUNCH AND EXHIBITION (12:35-13:50)

#### Day 2, Afternoon July 3rd, Spine

COMPREHENSIVE REVIEW COURSE   ROOM1	EXAM PREPARATION COURSE   ROOM 2
13:50-16:10 Spine II Careful Examination of the Spine 13:50 (Practical Skills) Serdar Kahraman (TR)	13:50-16:10 Spine II Imaging in Pediatric Deformities 13:50 (Case Based Discussion) Alberto Zerbi (IT)
Radicular pain (Didactic Lecture) 14:10 Serdar Kahraman (TR)	Adolescent Idiopatic Scoliosis 14:15 (Didactic Lecture) Alessio Lovi (IT)
Thoracolumbar Trauma (Case 14:30 Based Discussion) Mirza Biscevic (BIH)	Spondylolisthesis and 14:35 Osteochondrosis of the Spine (Case Based Discussion) Alessio Lovi (IT)
Unstable cervical spine injury with 14:50 neurology (Case Based Discussion) Serdar Kahraman (TR)	Acute cord injury and chronic 14:55 compression; epidemiology and avoiding complications (Didactic Lecture) Mirza Biscevic (BIH)
Differential Diagnosis of Neoplastic, 15:10 Infectious and Degenerative Spine Disorders (Case Based Discussion) Alberto Zerbi (IT)	Spinal deformity in adults (Case 15:15 based discussion) Alessio Lovi (IT)
Neoplastic and Infectious cord 15:30 compression (Case based Discussion) Mirza Biscevic (BIH) Cervical Myelopathy (Didactic 15:50	Operative complications (Case 15:40 Based Discussion) Alessio Lovi (IT)
Lecture) Serdar Kahraman (TR)	

#### EVENING ACTIVITIES / STUDY TIME

#### Day 3, Morning July 4th, Hip

COMPREHENSIVE REVIEW COURSE   R	0041	EVAN REPARATION COURSE L ROOM 2
	DOW I	EXAM PREPARATION COURSE   ROOM 2
9:00-10:30 Hip I		9:00-10:30 Hip I
Pelvis/Hip Anatomy & Biomechanics	09:00	Primary THA 09:00
Daniel Ryan (UK)		Luigi Zagra (IT)
Pelvis/Hip Physical Exam & Imaging	09:15	Hip Joint Preserving Surgery 09:15
Daniel Ryan (UK)		Klaus-Peter Günther (DE)
Pelvic and Acetabular Fractures	09:30	Revision THA 09:30
Daniel Ryan (UK)		Klaus-Peter Günther (DE)
Hip Dislocations and Head Fractures	09:45	Hip and THA Infection 09:45
Stamatios Papadakis (GR)		Klaus-Peter Günther (DE)
		THA Periprothesic Fractures &
Proximal Femoral Fractures	10:00	Dislocations 10:00
Stamatios Papadakis (GR)		Luigi Zagra (IT)
Femoral Shaft & Distal Femoral		
Fractures	10:15	Pelvis/Hip Anatomy & Biomechanics 10:15
Stamatios Papadakis (GR)		Daniel Ryan (UK)
COF	FEE BREA	K (10:30-10:45)
10:45-12:00 Hip II		10:45-12:00 Hip II
Primary THA	10:45	Pelvis/Hip Physical Exam & Imaging 10:45
Luigi Zagra (IT)		Daniel Ryan (UK)
Hip Joint Preserving Surgery	11:00	Pelvic and Acetabular Fractures 11:00
Klaus-Peter Günther (DE)		Daniel Ryan (UK)
Revision THA	11:15	Hip Dislocations and Head Fractures 11:15
Klaus-Peter Günther (DE)		Stamatios Papadakis (GR)
Hip and THA Infection	11:30	Proximal Femoral Fractures 11:30
Klaus-Peter Günther (DE)		Stamatios Papadakis (GR)
THA Periprothesic Fractures &		Femoral Shaft & Distal Femoral
Dislocations	11:45	Fractures 11:45
Luigi Zagra (IT)		Stamatios Papadakis (GR)

LUNCH AND EXHIBITION (12:00-13:15)

#### Day 3, Afternoon July 4th, Wrist & Hand

COMPREHENSIVE REVIEW COURSE   ROOM 1		EXAM PREPARATION COURSE   ROOM 2		
13:15-15:00 Wrist and Hand I		13:15-15:00 Wrist and Hand I		
Wrist Trauma Alex Lluch (ES)	13:15	Anatomy of Hand and Wrist; 13:15 Degenerative Conditions		
		Max Haerle (DE)		
Hand Trauma Alex Lluch (ES)	14:00	Extensor & Flexor Tendon Conditions; 14:00 Hand Deformities		
		Max Haerle (DE)		
Nerve Compression Syndromes	14:30	Tendon and Ligament Acute Injuries 14:30		
Alex Lluch (ES)		Max Haerle (DE)		
COF	FEE BREA	( (15:00-15:15)		
15:15-16:45 Wrist and Hand II		15:15-16:45 Wrist and Hand II		
Anatomy of Hand and Wrist; Degenerative Conditions	15:15	Wrist Trauma 15:15 Alex Lluch (ES)		
Max Haerle (DE)				
Extensor & Flexor Tendon Conditions; Hand Deformities	16:00	Hand Trauma 16:00 Alex Lluch (ES)		
Max Haerle (DE)				
Tendon and Ligament Acute Injuries	16:30	Nerve Compression Syndromes 16:30		
Max Haerle (DE)		Alex Lluch (ES)		
EVENING ACTIVITIES / STUDY TIME				

EVENING ACTIVITIES / STUDY TIME

#### Day 4, Morning July 5th, Shoulder & Elbow

9:00-10:45 Shoulder and Elbow I     9:00-10:45 Shoulder and Elbow I       Anatomy & Biomechanics     09:00       Luc Favard (FR)     Clinical case presentation: lateral     09:00
Luc Favard (FR) elbow pain
Physical Exam & Imaging 09:20 Non-traumatic elbow pathologies 09:05
Luc Favard (FR) Alessandro Castagna (IT)
SC & AC joint disorders     09:35     Surgical anatomy and approaches     09:15       Luc Favard (FR)     in the treatment of elbow fracture       Alessandro Castagna (IT)
Clavicle, scapula and glenoid 09:50 Clinical case presentation: elbow 09:25 dislocation and instability Antonio Cartucho (PT)
Proximal humerus fractures 10:10 The post-traumatic elbow 09:30
Antonio Cartucho (PT) Alessandro Castagna (IT)
Fractures of the humeral shaft         10:25         Clinical case presentation: shoulder         09:40           Antonio Cartucho (PT)         instablity
Distal humerus and olecranon 10:35 Shoulder instability 09:45 fractures Antonio Cartucho Alessandro Castagna (IT)
Biceps tendon pathology 09:55
Alessandro Castagna (IT)
Clinical case presentation: rotator 10:05 cuff tear
Rotator cuff pathology 10:10
Luc Favard (FR)
Surgical anatomy and approaches 10:20 in the treatment of scapular, glenoid and clavicular fractures Luc Favard (FR)
Clinical case presentation: AC joint 10:30
SC & AC joint disorders 10:35
Luc Favard (FR)

COFFEE BREAK (10:45-11:00)

Dav 4. Morning July 5th, Shoulder & Elbow
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11:00-12:00 Shoulder and Elbow II	11:00-12:00 Shoulder and Elbow II
Elbow dislocations, radial head and 11:0 coronoid fractures Alessandro Castagna (IT)	<ul> <li>Surgical anatomy and approaches 11:00</li> <li>in the treatment of proximal humerus and humeral shaft fractures</li> <li>Luc Favard (FR)</li> </ul>
Rotator cuff and long head of the 11:2 biceps pathology	Clinical case presentation: shoulder 11:10 trauma 1
Alessandro Castagna (IT)	Clavicle, scapula and proximal 11:15 humerus fractures
Shoulder instability and shoulder 11:3 stiffness	5 Antonio Cartucho (PT)
Alessandro Castagna (IT)	Clinical case presentation: shoulder 11:30 trauma 2
Glenohumeral arthritis and 11:5 arthroplasty Alessandro Castagna (IT)	0 Glenohumeral arthritis and 11:35 arthroplasty
	Antonio Cartucho (PT)
	Clinical case presentation: humeral 11:45 shaft fracture
	Fractures of the humeral shaft 11:50 Antonio Cartucho (PT)

LUNCH AND EXHIBITION (12:00-13:15)

#### Day 4. Afternoon July 5th, Knee

COMPREHENSIVE REVIEW COURSE	ROOM 1	EXAM PREPARATION COURSE   RO	OM 2
13:00-14:45 Knee I		13:00-14:45 Knee I	
Cartilage and Meniscal Injuries	13:15	Knee Anatomy & Biomechanics	13:15
Maurilio Marcacci (IT)		Maurilio Marcacci (IT)	
Ligament injuries	13:30	Knee Physical Exam & Imaging	13:30
Francesco Benazzo (IT)		Charles Riviere (FR)	
K	10.45	Knee Dislocations & Patella	10.45
Knee Joint Preserving Surgery	13:45	Fractures	13:45
Maurilio Marcacci (IT)	14:00	Francesco Benazzo (IT) Tibial Plateau Fractures	14:00
Extensor Mechanism Conditions & Patellofemoral Instability	14.00	George Macheras (GR)	14.00
Francesco Benazzo (IT)		J 1 1	
Knee Anatomy & Biomechanics	14:15	Primary TKA	14:15
Maurilio Marcacci (IT)	11.10	Charles Riviere (FR)	11.10
Knee Physical Exam & Imaging	14:30	Revision TKA	14:30
Charles Riviere (FR)		George Macheras (GR)	
Knee Dislocations & Patella			
Fractures	14:45	Periprothesic Fractures of TKA	14:45
Francesco Benazzo (IT)		George Macheras (GR)	
CC	FFEE BREAU	K (15:00-15:15)	
15:15-16:15 Knee II		15:15-16:15 Knee II	
Tibial Plateau Fractures	15:15	Cartilage and Meniscal Injuries	15:15
George Macheras (GR)		Maurilio Marcacci (IT)	
Primary TKA	15:30	Ligament Injuries	15:30
Charles Riviere (FR)		Francesco Benazzo (IT)	
Revision TKA	15:45	Knee Joint Preserving Surgery	15:45
George Macheras (GR)		Maurilio Marcacci (IT)	
Periprothesic Fractures of TKA	16:00	Extensor Mechanism Conditions &	
George Macheras (GR)		Patellofemoral Instability	16:00
		Francesco Benazzo (IT)	

EVENING ACTIVITIES / STUDY TIME

#### Day 5, Morning July 6th, Foot & Ankle

COMPREHENSIVE REVIEW COURSE   R	00M 1	EXAM PREPARATION COURSE   ROOM 2	
10:00-12:00 Foot & Ankle		10:00-12:00 Foot & Ankle	
Anatomy and Biomechanics	10:00	Pilon Fractures 10:00	
Beat Hintermann (CH)		Ash Ali (UK)	
Calcaneal and Talar fractures	10:15	Ankle Fractures 10:15	
Beat Hintermann (CH)		Niek van Dijk (NL)	
Tibial Shaft Fractures	10:30	Ankle Instability 10:30	
Ash Ali (UK)		Niek van Dijk (NL)	
First and Lesser Ray Disorders	10:45	Arthritis 10:45	
Ash Ali (UK)		Beat Hintermann (CH)	
DISCUSSION & CASES	11:00	DISCUSSION & CASES 11:00	
Ankle Fractures	11:15	Flatfoot 11:15	
Niek van Dijk (NL)		Beat Hintermann (CH)	
Tendon Disorders	11:30	First and Lesser Ray Disorders 11:30	
Niek van Dijk (NL)		Ash Ali (UK)	
DISCUSSION & CASES	11:45	DISCUSSION & CASES 11:45	
COF	FEE BREA	K (12:00-12:15)	
12:15-14:00 Tumours		12:15-14:00 Tumours	
Overview of Orthopaedic Oncology	12:15	12:15	
and Principles of Treatment		Metastatic Disease in Orthopaedics	
Pietro Ruggieri (IT)		Eduardo Ortiz Cruz (ES)	
Repire & Malianant Rope Turpours	12:45	Benign & Malignant Soft Tissue Tumours 12:45	
Benign & Malignant Bone Tumours Pietro Ruggieri (IT)	12.43	Eduardo Orfiz Cruz (ES)	
rielio koggieli (II)		Overview of Orthopaedic Oncology 13:10	
Metastatic Disease in Orthopaedics	13:10	and Principles of Treatment	
Eduardo Ortiz Cruz (ES)		Pietro Ruggieri (IT)	
Benign & Malignant Soft Tissue			
Tumours	13:40	Benign & Malignant Bone Tumours 13:40	
Eduardo Ortiz Cruz (ES)		Pietro Ruggieri (IT)	
FINAL TOAST (14:00-15:00)			

### **3.3 FACULTY**

One of the key features to the School is the high level of scientific organization. Contents and faculty were developed with the partnership of all main European subspecialty societies, coordinated by FORTE:

**Basic Science Faculty** 

Scientific support: EORS

- Giuseppe Peretti (IT)
- Enrique Gomez Barrena (ES)
- Michael Whitehouse (UK)
- Marko Ostojic (BIH)

JROPEAN ORTHOPAEDIC RESEARCH SOCIETY

#### **Paediatric Faculty**

#### **Scientific support: EPOS**

- Antonio Andreacchio (IT)
- Federico Canavese (FR)
- Manuel Cassiano Neves (PT)
- David Farrington (ES)

#### **Spine Faculty**

#### Scientific support: EUROSPINE

- Serdar Kahraman (TR)
- Alessio Lovi (IT)
- Alberto Zerbi (IT)
- Mirza Biscevic (BIH)

#### **Hip Faculty**

#### Scientific support: EHS

- Daniel Ryan (UK)
- Stamatios Papadakis (GR)
- Luigi Zagra (IT)
- Klaus-Peter Günther (DE)

#### Wrist & Hand Faculty

#### Scientific support: FESSH

- Max Haerle (DE)
- Alex Lluch (ES)

# Shoulder & Elbow Faculty Scientific support: SECEC

- Alessandro Castagna (IT)
- Antonio Cartucho (PT)
- Luc Favard (FR)











#### **Knee Faculty**

#### Scientific support: SIGASCOT and ESSKA

- Charles Riviere (FR)
- Maurilio Marcacci (IT)
- Francesco Benazzo (IT)
- George Macheras (GR)

#### Foot and Ankle Faculty

#### Scientific support: EFAS

- Beat Hintermann (CH)
- Ash Ali (UK)
- Niek van Dijk (NL)

#### **Tumours Faculty**

#### Scientific support: EMSOS

- Pietro Ruggieri (IT)
- Eduardo Ortiz Cruz (ES)







# **3.4 SPONSORS**



# **3.5 SOCIAL PROGRAM**

#### Monday, July 2nd

After the first day of Summer School, we had a pizza at the pizzeria Tuorlé that offered more than 100 different variations of pizza to satisfy and intrigue even the most demanding palates.



Pizzeria Tuorlé

#### Tuesday, July 3rd

On Tuesday we spent an evening at the H Club Diana, the place to be for an authentic Milanese aperitif in downtown Milan, located in a lovely green garden. A unique retreat in the centre of Milan. The club is located in one of so-called "Milanese Movida" centres. Nearby are located Corso Buenos Aires, where large department stores and cheap clothing and shoe boutiques are, and Milan's Fashion District, where a large concentration of haute couture labels are.



H Club Diana

#### Wednesday, July 4th

On Wednesday we had dinner at the restaurant Officina12 where the history of old Milan blends with an international contemporary touch. The cuisine is always in the pursuit of the highest quality and uses seasonal ingredients and local products. Officina12 is situated in the heart of the Navigli district, one of the most famous areas of Milan; charming and base of the Milan nightlife.



Navigli District and Officina 12

#### <u>Thursday, July 5th</u>

Thursday evening we had dinner at an old crystal glasswork fabric 'Cristallerie Livellara'. Nowadays this place, called 'Spirit de Milan', has become a dance floor, a theatre, a stage, a restaurant, a hangout and a new home for passions. In the bistro-restaurant you may find genuine and soothing homemade food, regional appetizers, chilled drinks and, most of all, good wine.



Spirit De Milan

## **3.6 VENUE**

#### 3.4.1 MILAN

Milan, with a population of 1.3 million people, is the capital of Lombardy and of the Italian fashion and design world and is the biggest industrial city of Italy.

Milan is a wealthy city of glamorous people and stylish shopping streets. It has always been a rich and important city with a particular assortment of churches, buildings and monuments. Among those the Cathedral "Duomo", the Sforza Castle, The Teatro alla Scala and Leonardo da Vinci's 'Last Supper'.

Milan appears, at first glance, to be busy, rather severe and modern but it is actually friendly and one of the most ancient cities in Europe with more than 26 centuries of history and heritage.

#### **3.4.2 CONGRESS VENUE**

Humanitas University - Via Rita Levi Montalcini, 4 - Pieve Emanuele (MI)

Humanitas University, located beside the Humanitas Hospital, a highly specialized teaching and research hospital, is to train globally minded healthcare professionals through state-of-the-art interactive teaching methods and close integration with its clinical and research community. It aims at becoming an international reference for the education of physicians, nurses and researchers capable to cope with the future scientific, technological and social evolution.

The new Humanitas University Campus covers a total area of over 20.000 square meters with a last generation Simulation Center of about 1.000 sq. m, laboratories, classrooms for lectures and small groups, spaces for individual and group study and cafeteria and canteen.



Humanitas University

#### 3.4.1 THE HOTEL

Golf Hotel Milano - Via Abruzzo snc - Opera (MI)

Golf Hotel Milano is strategically located; 10 minutes from Humanitas University, 15 minutes from Milan Linate and 15 minutes from downtown Milan. Among the common

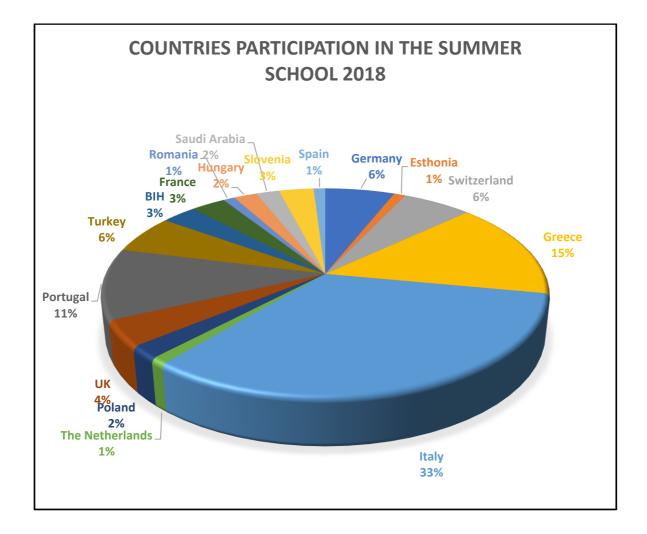
areas, all in a minimalist style and elegant with a touch of rustic to make its environment warmer, there are a breakfast room, a lounge bar that offers a space dedicated to happy hours, a sun-downer, a roof garden and an internet point to make your stay more comfortable.

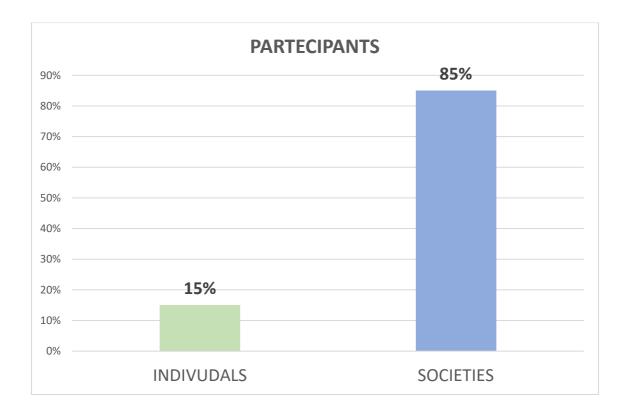


Golf Hotel Milano

# **4. ATTENDANCE**

Germany 6%	Esthonia 1%
Switzerland 6%	Greece 15%
Italy 33%	Netherlands 1%
Poland 2%	UK 4%
Portugal 11%	Turkey 6%
BIH 3%	France 3%
Romania 1%	Hungary 2%
Saudi Arabia 2%	Slovenia 3%
Spain 1%	





# **5. FEEDBACK**

### **5.1 PARTECIPANTS FEEDBACK**

We collected 87 questionnaires from the participants (86,1%).

#### MODULES

Satisfaction (from 0 to 5) with courses modules was generally high in all modules (average 4,2).

Best rated modules were:

- Wrist & Hand (4,6)
- Hip (4,5)
- Foot & Ankle (4,5)

Less rated modules were:

- Spine (3,3)
- Basic Science (3,8)

#### SOCIAL PROGRAM

General satisfaction with the social program was medium to high.

Closing dinner obtained the highest rating (4,4). Monday dinner obtained lower satisfaction (3,2).

#### VENUE, ACCOMODATION AND CATERING

There was high satisfaction with the Course Room, Location (Humanitas) and Hotel Room (average 4).

Golf Hotel, transports and coffee break obtained an average rating of 3,5.

Lunch obtained the lowest classification (2,5).

Only three persons would not recommend the course. Seventy-nine persons would recommend the course (96,3%).

# **5.2 FACULTY FEEDBACK**

We collected 14 questionnaires from the faculty (42%), which was a significant improvement compared to last year (10%).

#### **COURSES PROGRAM**

General opinion about the courses program was good. The number of topics reputed a bit too long in 50% of feedback forms.

The time for discussion of each topic reputed a bit short in 50% of feedback forms and the modules length was perfect almost for everyone (85%).

#### ACCOMODATION AND CATERING

General satisfaction with the accommodation and catering was very high. Transports and course rooms obtained the highest rating (4,3 and 4,5). The location (Milan) obtained an average rating of 4,1.

Meals obtained the lowest classification (3,5), but several faculty members did not attend the dinners therefore the bad quality of the lunches might have jeopardized this data.

# **6. FINAL CONSIDERATIONS**

- Feedback was great and everyone was willing to participate to next edition
- Faculty loved the format